



March

Kindergarten Skills Development

Skills to Practice this Month

- Encourage work values such as effort, persistence, and initiative. *Your child will encounter new experiences every day at school. Upon entering kindergarten your child should be willing to try new things and to try to complete tasks.*

Activities *Further listings available at <http://www.getSet4k.org>*

- To encourage persistence and initiative, talk to your child about what it means to be committed to a task and determined. Talk to your child about a time when she was persistent and her hard work and effort paid off.
- Ask your child to tell you what the world would be like without cars, telephones, or computers. Ask him if he thinks it was easy or difficult for someone to create all these things.
- Sing "The Itsy, Bitsy Spider" together. He kept trying even when the rain had washed him out!
- Plan a project with your child that requires several steps to complete. Try planting a vegetable or flower garden or just plan and prepare a meal together. Be sure to finish each step of the project before moving on to the next step or starting something new.

Books for Children *Further listings available at <http://www.getSet4k.org>*

- *Pearl's New Skates* by Holly Keller
- *Apple Batter* by Deborah Turney Zagwyn
- *The Little Engine that Could* by Watty Piper
- *The Little Red Hen* by Paul Galdone
- *The Itsy Bitsy Spider* by Iza Trapani
- *Inch by Inch* by Leo Lionni
- *The Carrot Seed* by Ruth Krauss

Books for Parents *Further listings available at <http://www.getSet4k.org>*

- *The Values Book: Teaching 16 Basic Values to Young Children* by Pam Schiller and Tamera Bryant

Getting Ready to Read

Skills to Practice this Month

- Encourage your child to practice writing the letters in her own name. *It's important for children to know their first and last name. Provide opportunities for children to talk about the letters and sounds in their name. Provide pencils, markers, and paper and encourage your child to practice writing the letters in her name. Write your child's name often.*

Health and Wellness

Skills to Practice this Month

- Help your child to develop independence in eating. *Upon entering kindergarten, your child should be able to sit at a table, eat unassisted, and use silverware.*

More information available at <http://www.getSet4k.org>